

Saturday - 10/11 - 3:00-3:50 PM Warm-up / 4:00 PM Start							
Warm-up Assignments - Competition Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RISE	SCT / VHST	WSO	YWFF	NTA	PAC	WILD	WILD
Warm-up Assignments - Diving Well							
Lane 1	Lane 2		Lane 3		Lane 4	Lane 5	
Open	Open		WILD		WILD	WILD	
Warm-up Assignments - Shallow							
Lane 1	Lane 2		Lane 3	Lane 4	Lane 5	Lane 6	
Open	Open		Open	Open	Open	Open	
Sunday - 10/12 - 8:00-8:50 AM Warm-up / 9:00 AM Start							
Warm-up Assignments - Competition Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RISE	SCT / VHST	WSO / YWFF	NTA	NTA	PAC	WILD	WILD
Warm-up Assignments - Diving Well							
Lane 1	Lane 2		Lane 3		Lane 4	Lane 5	
Open	NTA		NTA		WILD	WILD	
Sunday - 10/12 - 1:00-1:50 PM Warm-up / 2:00 PM Start							
Warm-up Assignments - Competition Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RISE	SCT / VHST	WSO	YWFF	NTA	PAC	WILD	WILD
Warm-up Assignments - Diving Well							
Lane 1	Lane 2		Lane 3		Lane 4	Lane 5	
Open	Open		Open		Open	Open	