



NASA WILDCAT AQUATICS

SWIM MEET COVID-19 GUIDELINES



The goal of this communication is to share a plan for the WILD program during competitions. The purpose of this plan is to organize the facility in a safe and organized manner for competitions. We know, with collaboration between USA Swimming coaches, public health officials, Northwestern, and facility operators we can create safe plans for using aquatic facilities to promote physical and mental health opportunities compliant with public health directives.

***** IF YOU ARE OR HAVE BEEN FEELING A SICK OR HAS BEEN IN CLOSE CONTACT WITH SOMEONE WHO HAS SYMPTOMS, PLEASE STAY HOME *****

ARRIVAL:

- Athletes will be dropped off at the entrance.
- Athletes only! Parents are NOT PERMITTED to enter the pool deck.
- Spectators will NOT be permitted.
- Everyone is required to wear a mask and exercise proper social distancing.

SCREENING:

While there will be NO SCREENING at the front desk, we assume that you have informed all your coaches, swimmers and parents to check their temperature before leaving their house. IF THEY FEEL SICK, THEY MUST STAY HOME. IF THEY HAVE BEEN IN CONTACT WITH ANYONE WHO HAS SYMPTOMS, THEY MUST STAY HOME.

- All athletes must wear a mask inside the building at all times, except when in the water.
- After you enter the building, you will check in at the front desk.
- By entering the Henry Crown Pavilion you attest that you have had no COVID-19 related symptoms and have not been in close contact with anyone who has symptoms.

ENTERING POOL DECK

- Enter the pool deck with your mask on.
- Then you will continue to your designated location that is assigned to you for the session. All equipment and apparel must remain at this location.

DURING COMPETITION:

- Athletes must remain at the location until warm up is about to begin and/or right before a race.
- Masks must be worn at all times except when in the water. Bring a baggie with your name on it to store your mask when you are in the water.
- Racing procedure:
 - For the 12&U we will run a full bull-pen
 - Heats will be called up in the last set of bleachers (North/West corner) and lined

up behind the diving boards. We will have 3 heats prepared there. PLEASE send your swimmers well ahead of their race!

- Swimmers will enter the bulkhead by the scoreboard side and will keep their mask on until the long whistle. Once removed, masks will be placed behind the blocks.
- For the 13&O sessions, we will NOT run a bull-pen. However, we will follow the same procedures as above. Heat 1 will be behind the blocks; Heat 2 will be on the North/East corner of the diving well (scoreboard side); Heat 3 will be by the diving well stairs; Heat 4 will be on the North/West corner of the diving well (bleachers side).
 - Swimmers will enter the bulkhead by the scoreboard side and will keep their mask on until the long whistle. Once removed, masks will be placed behind the blocks.
- After a swimmer finishes their race, they will get out of water and wear their mask right away and exit the bulkhead from the bleachers side.
- Warm down lane will be open and all social distancing guidelines must be followed.

DEPARTING POOL DECK:

- Immediately after the meet, athletes will pack up, and depart the pool with masks on.
- Masks and social distancing are still required as you leave the pool deck and the facility.

OTHER INFORMATION:

- Bring your own water bottle.
- There is NO LOCKER ROOM USAGE. Bathrooms will be open for bathroom emergencies ONLY.